

May 17th, 2010

Well it is spring time again and around here that means we are gearing up for the Great Strides Walk for a cure for Cystic Fibrosis. As you know, this affects our lives on a daily basis. Almost 16 years ago, we were introduced to this little known disease when we were told our daughter had CF. We were scared and didn't know what life was going to be like for our baby girl or for ourselves. Well we have made it from infancy to young adulthood. This last year has been an interesting year. Bethany is finishing up her Junior year at Garland High School and will be 17 in August. She is still extremely into drama and she just got her driver's license. (yikes!) This summer she is going to be in a play and will be looking for her first job. These are high points that most high school teenagers go through. Sadly she has had some low points too. She was in the hospital in June for having low pulmonary functions and then again in December when she was coughing up blood. Our hopes for her are the same as any other parent has for their own child - To be healthy and live a long life. This is where we still need your support to help Bethany and others like her achieve that goal.



On June 13th, we will be walking in a 5K walk called Great Strides to raise money for Cystic Fibrosis! The Cystic Fibrosis Foundation was founded by parents who pooled their own money for research to fund treatments, research, and more. Now, this foundation is well known for getting things done and has such a great track record that other foundations even model themselves after the CFF. So, you'll know your money will be used wisely and for a great cause: to find treatments and even a cure for CF.

If you would like to learn more about Cystic Fibrosis, please visit the CF website - cff.org. This wonderful website gives information on everything from new drug trials and how much live expectancy has gone up and even volunteer opportunities. Please take a look. The money you donate is what makes these "Great Strides" possible. You can also find lots of personal accounts from families living with CF on "YouTube". Bethany even has one. You can look her up by her screen name, "thatonetheatregirl11".

If you would like to donate, we are happy to accept checks. Our address is 2336 Phoenix Dr., Garland, Tx 75040. If you prefer to donate online, here is all you need to do. Go to http://www.cff.org/great_strides/donations/index.cfm. Next, type in "Jim" and "Brown" and select "Texas" then click "Find a walker". You should find our team named "Team Brown". Click on "View walker" then click on "Click to donate". Please select this walker when making your donation so that our team named "Team Brown" may get the credit. Even if we don't get the credit, we'll still be very happy if you donate to the Cystic Fibrosis Foundation in honor of our daughter Bethany Brown. Our team goal with your help is to raise \$1500 dollars. We are very grateful for any donation you can make, whether it be \$5, \$10, \$25, \$50, \$100 or even more if you are so able!

Over the years, YOU are responsible for our raising over \$20,000! We are so very thankful for all your support over the years and we appreciate any sacrifice that you have made to help find a cure for CF.

With Sincere Thanks,
Bethany, Natalie, Jim and Teresa Brown
And grandparents – Monika and Delbert Brown
and Sallie (Baxter) and George Pfeiffer